



Cockroaches – Did You Know that?



Cockroaches are notoriously indestructible and notoriously gross. They sometimes may play a supplementary role in the spread of some intestinal diseases, such as diarrhea, dysentery, typhoid, fever and cholera and viral diseases such as poliomyelitis. In addition, they carry the eggs of parasitic worms and may cause allergic reactions after frequent exposure, including dermatitis, itching, swelling of the eyelids and more serious respiratory conditions.

At night they search for food in kitchens, food storage places, garbage bins, drains and sewers. They are pests because of their filthy habits and bad smell.

Having an infestation can make even the cleanest home feel filthy.

How to Control Roaches in your Home



- **REDUCE CLUTTER** throughout entire unit including storing bags & newspapers between your refrigerator and cabinets.
- All drawers and shelves should be properly lined. Keep lining paper flat. **DO NOT** use newspapers in cupboards - the ink attracts the roaches.
- **CLEAN UP** spills & crumbs from surfaces as these are feasts for roaches.
- **VACUUM REGULARLY** your entire unit including kitchen and in and around sofas and chairs where food crumbs are often found. Clean with **LYSOL** or **BLEACH** to remove any old feces (tiny black spots).
- Roaches are hungry and hunting for food. Therefore, **STORE FOOD** in airtight containers so they will not have anything to eat.
- **DO NOT** leave dirty dishes and utensils in the sink as they attract roaches entering from the plumbing system. Roaches like water so check for any **LEAKS** and wipe sinks dry.
- Make sure your trash is closed and clean. **EMPTY TRASH FREQUENTLY.**
- Roaches like **MOISTURE**, so on top and below the washroom sink, behind the toilet and near the tub should be regularly inspected for leaks and condensation.
- **SEAL** any cracks or gaps in your walls, cupboards, and baseboards. Add caulking to any cracks. The best way to keep them out is to eliminate their entry point.
- Roaches like warm places and may gather behind television sets or other electronics. Check these areas regularly.



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Getting Rid of Roaches, On Your Own

- ❖ Use Boric Acid; it is generally non-toxic to both pets and humans when used as an insecticide. Apply the acid where you see roaches. You can apply it on kitchen counters, behind the refrigerator, under your stove, in pantries and cabinets. Add a little powdered sugar to the boric acid to help attract the bugs to the poison. Boric acid will take a few days to work, so if you do not notice a reduction in roaches immediately, give it sometime.
- ❖ Try a natural repellent. Crumble bay leaves and sprinkle them where roaches are known to enter. The insects are known to avoid the fragrance.
- ❖ Pour soda and vinegar in the kitchen sink and the drain and leave them 20 min; run hot water after for 25-30 min. Do this once a month.
- ❖ Use "*Raid Max Crawling Insect Killer*" that can be found in any hardware stores.

Getting Rid of Roaches, The Corporation Style 😊

The corporation will perform treatment of roaches monthly on the third Friday of each month. The cost of treatment in units will be covered by the corporation.

Let the Management know, should you require treatment to be done in your unit by completing the form called "*Pest Control Treatment Request*", located in the file folders mounted on the wall, in both buildings; 1360 at the mail room and 1350 by the office.

The Management Office, YCC 50